



## MAY IS NATIONAL SKIN CANCER AWARENESS MONTH

Skin cancer is the most common form of cancer in the U.S. The two (2) most common types of skin cancer are basal cell (small, round cells that form the outer surface of the skin) and squamous cell (flat cells that form the surface of the skin). Both are highly curable. Melanoma is the third most common form of skin cancer and the most dangerous. This is cancer that forms in the melanocytes, which are the skin cells that make pigment.

People with certain risk factors are more likely than others to develop skin cancer. Risk factors vary for the different types of skin cancer, but here is a list of the “general” risk factors:

- A lighter natural skin color.
- Family history of skin cancer.
- A personal history of skin cancer.
- Exposure to the sun through work or play.
- A history of sunburns early in life.
- Skin that burns, freckles, reddens easily or becomes painful in the sun.
- Blue or green eyes.
- Blond or red hair.
- Certain types and a large number of skin moles.



**The Medical Center of Plano, in conjunction with the American Cancer Society and the Dallas/Ft. Worth Dermatological Society, will be sponsoring a FREE melanoma and skin cancer screening:**

**SATURDAY, MAY 22  
8:00 AM – NOON  
No appointments; FREE parking**

PLEASE POST FOR THOSE EMPLOYEES WITHOUT EMAIL

