"Second Cup of Coffee" Lecture Series

Enjoy coffee from Starbucks and a medical update presented by physicians on staff at The Medical Center of Plano.

Lectures held monthly on the second Saturday at 9:00 a.m. at The Shops at Willow Bend in the Connection Court, located on the Lower Level near Starbucks.

Saturday, March 12, 2011: "My Aching Back"

Michelle Wright, PA from the Spine Center at The Medical Center of Plano will help us understand various conditions of our spine that can lead to a painful back. She will give us tips for daily living that will help relieve some of the pain we might be experiencing in our backs, and will inform us when we need to seek medical attention for this condition.

Sat., April 9th, 2011 "Winning the War Against Wounds"

Dr. Ronald Scott, from the Wound Care Center at The Medical Center of Plano will join us to talk about the specialized treatments for chronic or non-healing wounds. Typically, a wound that does not respond to normal medical care within 30 days is considered a problem or chronic wound. Dr. Scott and his team assess these types of wounds and begin the treatments that are necessary for healing. These wounds may be a result of inadequate circulation, poorly functioning veins, or immobility---all will be discussed at this very informative presentation.

Sat., May 14th, 2011 "Can You Hear Me Now?"

Dr. Mace Brindley, ENT at The Medical Center of Plano joins us to talk about hearing. As we age, we seem to notice more problems with our hearing different sounds. Is this age related? Is this allergy related? What about our sinuses? Learn from the expert all that you need to know about your hearing, and all of the special products that are available to help you as hearing diminishes.



For More Information Visit: <u>www.ShopWillowBend.com/Events</u> No reservations required for this series of events