

Breast cancer can target anyone. Understand your risk by taking a free questionnaire that looks at personal and family history. Are you at a slightly higher or higher-than average-risk? If you are, then the Breast Cancer Risk Assessment Service at Texas Health Presbyterian Hospital Dallas can empower you with knowledge to make the best decisions for your health. They will be there to answer your questions – Do I need genetic testing? Do I need additional screening? Are there lifestyle changes I can make to reduce my risk? – and will partner with you to recommend changes that could reduce your risk. They can also provide access to technology that could find potential breast cancers at the earliest stages.

Surveillance Program

If the survey results determine that you are at higher risk, you will be given the opportunity to meet with the Breast Cancer Risk Assessment Service, whose staff have advanced training in breast-cancer risk assessment. They will review your individual risk and discuss personalized prevention and lifestyle-modification strategies. The goal of the program is to promote early detection of breast cancer, when it is most treatable, and to educate you to make the best choices for your health.

Know Your Risk

To take the online survey, visit **MyHealthRiskOnline.com**. For more information, call the Breast Cancer Risk Assessment Service at 214-345-6625.

