

# Wellness Activity: Yoga

## **WHAT**

Yoga class instructed by Erina Yamamoto  
Participation limited to the first 45 to RSVP  
**RSVP to [Karen.Garcia@utdallas.edu](mailto:Karen.Garcia@utdallas.edu)  
by September 19**

## **WHEN**

September 23  
Time: 12 p.m. – 1 p.m.

## **WHERE**

Student Union, Galaxy Room C (SU 2.602)

**Lunch and drinks will be provided**



**The Office of Administration**  
Wellness Committee