National Wear Red Day®
FRIDAY, FEBRUARY 6, 2015

Heart disease–it's not just a man's disease. Each year, 1 in 3 women die of heart disease and stroke. But we can change that because 80 percent of cardiac events can be prevented with education and lifestyle changes.

When it comes to beating heart disease and stroke, change can be the cure.
Wear red to raise awareness and help save women's lives.

Make a change at **GoRedForWomen.org/WearRedDay.**

Celebrate Wear Red Day on: _Friday, February 6th, 2015_

For more information, contact: _Nora M. Peña at Nora.Pena@utdallas.edu_

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American
Heart
Association.
life is why™

Go **Red**
for women

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