



# Breathe Easy

## Prepare to Be Tobacco-Free



Want to quit smoking?

## **Freedom from Smoking**

—— Pilot Class ——

**8 sessions in 7 weeks**

**April 18 - May 30, 2017**

**1:00 p.m - 3:00 p.m.**

**SG 1.216**

To register for this **free** class, log in to <https://galaxy.utdallas.edu>, then go to **Staff Tools > LEO > Find Available Training**. You can also register by contacting [taylor.tran@utdallas.edu](mailto:taylor.tran@utdallas.edu).

The University of Texas at Dallas