## BRAIN HEALTH MIND & BODY WELLNESS SERIES 4

— Lunch & Learn —

## **OUR KIDS' BRAIN HEALTH: A CANDID** DISCUSSION ABOUT CONCUSSIONS

By: Dr. Lori Cook, Center for BrainHealth

## AUGUST 25, 2017

12:00 PM - 1:00 PM | Student Union Faculty Staff Dining Hall

Dr. Lori Cook, director of pediatric brain injury programs at the Center for BrainHealth and senior clinician at the Brain Performance Institute, will share expert insight on the latest youth concussion research findings and trends. Her talk will cover how to spot concussion symptoms as well as current best practices for concussion prevention, management, and recovery, including highlights on teen brain development and neuroplasticity in youth.

This workshop is limited to 100 participants.

Reserve your spot by registering by August 22<sup>nd</sup> at: https://utdallas.qualtrics.com/ jfe/form/SV\_1XQjOj8XidSPaOF



