Lunch & Learn Seminar

www.utdallas.edu/wellness

THE UNIVERSITY OF TEXAS AT DALLAS WELLNESS COMMITTEE
Staff - Faculty - Student

DEPRESSION

Effects on the Family & Workplace

May 18, 2018 (Friday) ~ 12:00 PM - 1:00 PM

JSOM 11.214 / 11.218

Depression is one of the most common mental illnesses affecting millions of people in the United States. Many of our family, friends, and co-workers have clinical depression and are not getting help for it. Recognizing the symptoms and warning signals of depression is crucial as is knowing where to get treatment.

Learn more about the specific symptoms, causes, signs   of depression, and resources for assistance.

Workshop is limited to 100 participants.

Register online by May 14:
https://utdallas.qualtrics.com/SE/?
SID=SV_0qrQwnnUvIFLvo1&Q_JFE=0

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