Living Well Tip of the Week

When children & parents talk regularly about school, children perform better academically.

(National Education Association)

Checklist for Helping your Child with Homework

Show that you think education & homework are important

- •Do you set a regular time every day for homework?
- •Does your child have a well-lit, quiet place to study?

Monitor Assignments

- •Do you make sure that your child starts & completes assignments?
- •Do you read the teacher's comments on assignments that are returned?

Provide Guidance

- •Do you help your child to get organized?
- •Do you encourage your child to develop good study habits?

Talk with Teachers to Resolve Problems

- •If a problem comes up, do you meet with the teacher?
- •Do you cooperate with the teacher to work out a plan to solve homework problems?
- •Do you follow up with the teacher & child to make sure the plan is working?

Find more "Back to School Tips" through www.webmdhealth.com/ut, select "Health Topics" and type "School"

