

TIP OF THE WEEK



Schedule Your Annual Checkup

We've begun a new plan year. Have you scheduled your annual preventive exam? Regular exams can help find problems before they start, and can find problems early, when your chances for treatment and cure are better.

Where can I go?

Use the BCBSTX Provider Finder to find a doctor near you: www.bcbstx.com/ut

What does it cost?

Preventive care and services are available to UT SELECT Medical plan members at no out-of-pocket cost.

What type of visits are recommended and covered by the UT SELECT plan?

For details on recommended services for all adults, for women, and for children, visit: healthcare.gov/coverage/preventive-care-benefits/

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